



SOUTHPAW'S

ORGANIC CAFE

BREAKFAST

DRINKS & JUICES

Blackberry & Jasmine Green Tea	cup 1.99	gallon 7.99
Colombian Coffee	1.99	
Fresh Squeezed Juice		
Made to order. All fruits and vegetables are seasonal.		
Small (9 oz)	3.99	
Medium (16 oz)	5.99	
Large (24 oz)	7.99	

SMOOTHIES

Regular (16 oz)	5.75
Large (24 oz)	6.75
Extra Fruit	.75
Add a Scoop of Protein (26g)	1.00

CHOOSE YOUR BASE

Coconut, Soy, Rice, Almond, Fat-Free Milk, or Purified Water
(All smoothies are sweetened with agave nectar)

Persian Thunder

Bananas and coconut milk

Chocolate Monkey

Bananas, cacao, and coconut milk

Nutty-Monkey

Bananas, coconut milk, and organic peanut butter

Berry Lagoon

Dark berry mix, vanilla yogurt, and purified water

Fruit Twist

Pineapples, mangos, peaches, melons, and purified water

Sixx

Strawberries, pecans, vanilla yogurt, and almond milk

Brianna

Strawberries, bananas and fat-free milk

More Additives (.75)

Vita Pack
Creatine
Fiber
Energy/Wake-Up
Wellness/Detox
Weight Loss

BREAKFAST BITES

(Egg Whites - \$1.75)

The Major Malcolm Wrap	7.25
Eggs, swiss, bacon, turkey, jalapeños, tomatoes served with salsa and fresh fruit	
The Moose Wrap	6.75
Four scrambled eggs, tomatoes, peppers, jalapeños, and spinach served with a side of salsa and fresh fruit	
The Robyn Wrap	5.50
Eggs, mushrooms, tomatoes, spinach, and light cheddar cheese on a wheat tortilla, toasted extra crispy and served with fresh fruit	
The Goldini	7.25
Ham, eggs, and cheddar cheese on your choice of bread, toasted hot and served with fresh fruit	
PB/Banana/Bacon	5.95
Organic peanut butter, bananas, and bacon on your choice of bread, served with fresh fruit	
Big Steve'O	5.50
Three eggs served open-faced on your choice of bread, served with organic ketchup and fresh fruit	
The Feldman	6.95
Two scrambled eggs, bacon, sausage, and toast served with fresh fruit	
Fruit-wich	6.95
Organic peanut butter, golden raisins, sliced apples, and bananas drizzled with agave nectar, on your choice of bread, served with fresh fruit	
Fruit & Granola Parfait	9 oz. 2.95 16 oz. 4.95
Vanilla-almond granola, vanilla yogurt, grapes, dried cranberries, and strawberries	
Whole Wheat Protein Pancakes (4)	6.25
Served with agave nectar and fresh fruit	
Granola Cereal	4.25
Vanilla-almond cereal with your choice of milk (fat-free, soy, almond, rice) Add Fruit (grapes, strawberries, bananas, dried cranberries) .75	
Oatmeal	cup 3.50 bowl 4.50
Add Fruit (grapes, strawberries, banana, dried cranberries) .75 Add Granola, Almonds, or Pecans .75	

GRILLED CHEESES

(Served with Fresh Fruit)

Original Grilled Cheese	4.95
Melted cheddar cheese on your choice of bread	
Tomato Toastie	5.95
Melted cheddar cheese and tomatoes on your choice of bread	
Toastie Nut	5.95
Melted gouda cheese and pecans on your choice of bread	

PBJ'S

(Served with Fresh Fruit)

Original PB&J	4.95
Organic peanut butter and jelly on your choice of bread	
Cruncher	5.95
PBJ with sliced apples and agave nectar on your choice of bread	
Elvis	5.95
PBJ with sliced bananas and agave nectar on your choice of bread	
Soopaman	6.50
PBJ with vanilla-almond granola, sliced bananas, and agave nectar on your choice of bread	

BUILD YOUR OWN BREAKFAST BURRITO, SANDWICH, OR BOWL

A La Carte	3.95
Add a Side of Fruit	1.50
Add a Side of Salsa	.95

Pick a Bread or Wrap

Whole Wheat	Whole Wheat Pita
Whole Grain	Whole Wheat Tortilla
Marble Rye	Spinach Tortilla
Sourdough	Lettuce Wraps

Add Meat

Sausage	Chicken (\$2.25 xtra)
Bacon	Ham (\$2.25 xtra)
Turkey (\$2.25 xtra)	Roast Beef (\$2.25 xtra)

Add Cheese

Provolone	Parmesan
Swiss	Mozzarella (.75)
Gouda (.75)	Feta (.75)

Add Fillings

Tomatoes	Mushrooms
Onions	Baby Spinach
Bell Peppers	Jalapeños

SOUTHPAW'S BRINGS HEALTHY EATING THROUGH ORGANIC AND NATURAL FOODS THAT TASTE GREAT WITHOUT ADDED SUGARS, SYRUPS, NITRATES, OR PRESERVATIVES.

VISIT OUR TWO LOCATIONS

Preston (Cafe)
214.987.0351
6009 Berkshire Lane
Dallas, TX

Uptown (Grill)
214.754.0100
3227 McKinney Ave
Dallas, TX

214.987.0351
FREE LOCAL DELIVERY
SOUTHPAWSCAFE.COM

WE ARE PROUD TO CARRY

